



Respect, communication, and confidence start on the ground.

TRACEY SKINNER

GROUNDWORK LESSON SERIES

FRIDAYS MAY 3, 10 & 17, 2024

11 AM TO 12:30 PM

Building on the last series or new to this all levels are welcome. Tracey will work with individuals at the level you and your horse are at.

Session 1 – Communication

Being able to communicate clearly with your horse is a key concept in groundwork.

Effective use of tools, body awareness, focus, importance of feel and timing, effective use of pressure. Communication to each body part – 4 foundational yields and why it is important that all work well.

Session 2 – Connection

Having your horse connected to you is important if you are looking to work towards liberty. Having a connected horse makes for a safer and more responsive riding horse.

The importance of a good circle. More goes into a circle than people realize, being precise and particular about all the elements of a circle will develop connection.

The elements of a circle -sending out on the circle and different types of circles, when would you use each one

Session 3 – Putting it all together.

Review of session 1 & 2

Using the body movements and circles together in flow to create more connected work with your horse.

ABOUT TRACEY -Tracey is a student of the horse. Her inspiration to continue her lifelong education is one of her best attributes as a teacher -always fresh with ideas to bring to her students. She started her horse career as a competitive show jumper working with some of the top show jumping trainers in the country. The opportunity to start training and working with young horses took Tracey's focus away from the competitive world. She became aware of the importance of developing a strong foundation in horses during the early and crucial years of their development. For the past 17 years Tracey has studied and been mentored by some of the top natural horsemen and women in the world and is sharing her knowledge with her students.

Cost – Current MRAS 2024 Riding Members \$200.00 Priority registration until March 15, 2024

Non- Riding Members \$230.00

Auditing \$10 per day – must pre-register, no drop ins.

To register email mras.equine@gmail.com. Please specify if you are a returning participant or new to this. Once you have registered payment instructions will be sent to you.